



**PAUL FOXMAN, PH.D.**

*Licensed Psychologist-Doctorate*

86 Lake Street

Burlington, VT 05401

Tel (802) 865-3450, Ext. 425 Fax (802) 859-3309

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**CLIENT INFORMATION AND POLICIES**

**APPOINTMENTS:** Therapy appointments are scheduled as needed for approximately 50 minutes per session. 24 hours' advance notice is requested for cancellation of a scheduled appointment. Clients are expected to pay for any missed appointments or sessions cancelled with less than 24 hours' notice. Health insurance does not pay for missed or cancelled sessions.

**FEES AND PAYMENT:** Dr. Foxman's usual and customary fee is \$150 per individual therapy session and \$60 per 90-minute group therapy session. If you have health insurance, our office will do the insurance billing on your behalf. Health insurance policies vary in their coverage and rates, so we will need to verify your benefits. We will discuss fee and payment details at the end of your first appointment. Please be advised that the benefits information we receive from insurance companies is not always reliable, and payment of all fees (including deductibles, co-payments and charges not paid by your health insurance) is ultimately your responsibility.

**CONFIDENTIALITY:** All services are strictly confidential. No information about you will be released to any other person without your consent. The only exceptions, as required by law, are when there is reason to believe that abuse or neglect of a child may have occurred, or if you indicate intent to harm yourself or someone else, or if information is requested by a court order.

**PSYCHOLOGIST DISCLOSURE:** Vermont licensed psychologists are required to provide information to patients about their qualifications and training. You will find such information about Dr. Foxman on the reverse side of this page. Copies are available upon request. If you have concerns about any aspect of Dr. Foxman's services, please discuss them with him. If you believe you have a valid complaint and wish to file with the appropriate authorities, you may follow the procedure posted in the waiting room. Copies of this information are available upon request.

**SERVICES TO CHILDREN:** When child services are requested by a separated or divorced parent, it is understood and agreed that any therapy information or records will be released to the other parent only upon written request, absent a determination solely by Dr. Foxman as to the appropriateness of the request. Please also note that we will not take sides in a divorce dispute and by your signature below you agree not to request that we write letters or testify as to custody or visitation arrangements.

**SIGNATURE:** My signature below indicates that I understand and agree to the above policies.

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Client signature

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Date

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Website: [vtcenterforanxietycare.com](http://vtcenterforanxietycare.com)

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PROFESSIONAL SUMMARY

- **Licensure:** Vermont licensed as a Psychologist-Doctorate since 1980
- **Education:** Yale University (B.A. in Psychology) and Peabody College of Vanderbilt University (Ph.D. in Clinical Psychology)
- **Clinical training:** Department of Psychiatry, Mount Zion Hospital, San Francisco, CA, and Kennedy Child Study Center, Nashville, TN
- **Professional experience:** Forty years in private practice and community mental health agencies specializing in treatment of anxiety disorders, stress and relationship problems. Works with clients of all ages.
- **Current position:** Founder and director of Vermont Center for Anxiety Care, Burlington, VT
- **Publications include the following books:** “The Clinician’s Guide to Anxiety Disorders in Kids and Teens” (2017), “Dancing with Fear” (2007), “The Worried Child” (2004) and “Conquering Panic and Anxiety Disorders” (co-authored with Jenna Glatzer, 2003)
- **Speaking experience:** Speaker at professional conferences on a variety of topics. Has lectured internationally and in 49 U.S. states.
- **Teaching experience:** Antioch New England University, Department of Psychology (1981-1984), California School of Professional Psychology (1973-1974) and Fuller Theological Seminary (1973-1974)
- **Professional memberships:** Vermont Psychological Association and National Register of Health Service Providers in Psychology
- **Website for further information:** [vtcenterforanxietycare.com](http://vtcenterforanxietycare.com)